

# CRYSTAL RECREATION



CITY of CRYSTAL

## Destination Winter



Turn Over For The Crystal Connection City Newsletter



## Director's Message



Winter cold will soon be upon us, but Crystal Recreation has great activities to warm you up. From skating to sledding to walking on the plowed walking trails, winter is a great time to enjoy all that the season has to offer. Winterfest kicks-off the season as a fun way to celebrate winter with friends and family. Look for more details on programs, facilities and other possibilities in this brochure.

Crystal Recreation was busy with park improvements in 2023 including new pickleball courts in Becker Park, upgraded and expanded dog park and disc golf course at Bassett Creek Park, and new play areas in Welcome and Broadway Parks. More improvements are planned at the Crystal Cove Aquatic Center and Valley Place tennis courts in 2024.

The Friends of Crystal Parks is a non-profit group that raises funds for projects in Crystal's Parks. Their next fundraiser, "Cheers to Crystal," beer tasting is March 15, 2024. Those interested in volunteering, sponsoring or attending the event, can learn more at [friendsofcrystalparks.org](http://friendsofcrystalparks.org).

We look forward to seeing you in a park or at a program this winter season.

Sincerely, John Elholm, Recreation Director



Recreation Office Hours	
Monday - Friday	8 a.m. - 4:30 p.m.
Office Closed	
Thanksgiving Holiday	Thursday and Friday Nov. 23 and 24
Christmas	Monday, Dec. 25
New Year's	Monday, Jan. 1
Martin Luther King Jr. Day	Monday, Jan. 15
President's Day	Monday, Feb. 19
Contact Numbers	
Recreation Office	763-531-0052
Community Center Rentals	763-531-1174
Park Maintenance	763-531-1158
City Hall	763-531-1000
MN Hearing Impaired Relay Service	711
City Website	<a href="http://crystalmn.gov">crystalmn.gov</a>
Recreation Website	<a href="http://parksandreccrystalmn.gov">parksandreccrystalmn.gov</a>
Registration Website	<a href="http://webtrac.crystalmn.gov">webtrac.crystalmn.gov</a>
Parks and Recreation Advisory Commission	
Tony Sumnicht, Chair	Dave Anderson
Jesse McCaffrey, Vice Chair	Joyce Cooper
Jennifer Zielinski, Secretary	Lynn Haney
Traci Kamish, Council Liaison	<b>Four Vacancies</b> (Applications being accepted)

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Recreation Staff Members	
John Elholm	Recreation Director
Jason Minnick	Facility Manager
Scott Berggren	Recreation Services Manager
Lei-Lani Fischer	Recreation Supervisor
Stacy Chouinard	Recreation Supervisor
Dan Mueller	Guest Services Coordinator
Carol Oyaas	Administrative Assistant

# Stay CONNECTED



## PARKSANDREC.CRYSTALMN.GOV

One Stop Recreation Resource

- Events
- Headlines
- Recreation Activities
- Community Center
- Parks and Trails



## WEBTRAC.CRYSTALMN.GOV

Online Registration System: WebTrac

- Convenient registration 24-hours a day
- Up-to-date programs and events



## FACEBOOK and INSTAGRAM

Join more than 3,000 people following us

- [Facebook.com/crystalrec](https://Facebook.com/crystalrec)
- [Instagram.com/crystalrecreation](https://Instagram.com/crystalrecreation)



## EMAIL UPDATES

Get information in your email inbox

- Select your interests and preferences
- Scan the QR Code to join
- Convenient links to online registration



## NOW HIRING

[governmentjobs.com/careers/crystalmn](https://governmentjobs.com/careers/crystalmn)

Crystal Recreation Department is looking for talented, energetic and dedicated staff to join our team. Scan QR Code to apply.

- **Ice Rink Attendants:** Evenings, weekends, non-school days, Dec. 16 - Feb. 20, \$14-\$16/hr.
- **Farmers Market Coordinator:** Tuesdays, May-September, 1-8 p.m., \$18-\$21/hr.
- **Summer Employment Applications** will be posted early 2024.



## MAKE A DIFFERENCE AND VOLUNTEER

[crystal.recreation@crystalmn.gov](mailto:crystal.recreation@crystalmn.gov)

- **Adopt a Park:** Individuals or groups adopt one of Crystal's 26 parks.
- **Youth Coaching:** No experience is required to coach youth basketball. One game and one practice each week.



Welcome



## Supervised Rinks with Warming Houses

Skating rinks are open from Saturday, Dec. 16 through Tuesday, Feb. 20 (if weather and staffing allow).

### Supervised Rinks Locations

The recreation department maintains and supervises heated warming houses at the following locations.

North Lions Park	6100 Louisiana Ave. N.
Valley Place Park	6822 32nd Ave. N.
Welcome Park	5598 46th Ave. N.

### Warming House Hours

Warming houses may close up to one hour early due to lack of attendance. Shelter buildings and rinks may close in extreme warm or cold weather.

Monday – Friday	4:30 – 8 p.m.
Saturday	12 – 8 p.m.
Sunday	12 – 6 p.m.

### Holiday and Non-school Hours

Dec. 24 – 25	Closed
Dec. 31 and Jan. 1	12 – 6 p.m.
Dec. 26 – 29 Jan. 2 – 5, 15 and 22 Feb. 19 – 20	12 – 8 p.m.

## Sledding Hills

Grab your sled or tube and head to the legendary hill at Valley Place Park or check out the hill at North Lions Park.

The sledding hills are lit until 10 p.m. Sliders assume full risk and responsibility for determining safe conditions.



## Regulation-size Hockey Rink

North Lions Park features a solid-surface regulation-size hockey rink for the best outdoor ice around. Great for hockey practices and games.

Call 763-531-0052 to reserve your time.

## Weather Closings

During extreme cold or warm weather, rinks and shelter buildings may close. Outdoor winter activities will be closed or canceled if:

1. The air temperature is -10F or colder, per the National Weather Service.
2. The wind chill index is -15F or colder, per the National Weather Service.
3. Warm temperatures soften the ice, making rinks unsafe for skating.
4. There is a snowfall of 2 inches or more, which could delay cleaning rinks and opening warming houses.

Under these conditions, check to see if the rink is closed before dropping off your children.

Call 763-531-1184 for rink closure information.



# Winterfest



Experience the magic of Winterfest at the Crystal Community Center! It will be

filled with music, captivating entertainment, and various indoor and outdoor activities. Indulge in delicious refreshments and warm up with hot cocoa while enjoying the festive atmosphere. Don't miss the chance to meet Santa himself.

Winterfest is the perfect way to celebrate the season with family and friends. Mark your calendars and make memories at this unforgettable winter event.

Date	Time	Fee
Saturday, Dec. 2	10 a.m.- 12 p.m.	Free
<b>Location</b>	Crystal Community Center	

## CRYSTAL SPARKLES



### Holiday Lighting Map

Illuminate the holiday season by decorating your house, yard, or business with festive lights. The City of Crystal encourages residents and businesses to be part of Crystal Sparkles and share their display locations with the community. You can find maps of these displays online or in person at the Community Center or City Hall.

Activity #	Deadline	Fee
<b>W61017A1</b>	Sunday, Dec. 3	Free
<b>Location</b>	City of Crystal	

# Skate & Movie



Families looking for something fun during winter break? Enjoy the PG-rated Super Mario Brothers Movie (sponsored by Armstrong Cooper Hockey Assoc.) on a jumbo screen in the north rink. Dress warm and bring a blanket for bleacher seating. Concessions will be sold.

Date	Time	Fee
Wednesday, Dec. 27	Open Skate 10:30-11:45 a.m.	\$4 at the door
	<b>Movie at 12 p.m.</b>	<b>Free</b>
<b>Location</b>	New Hope Arena, 4949 Louisiana Ave. N.	

## Outdoor Skills with...

**Three Rivers**  
PARK DISTRICT



### Full Moon Walk:

Enjoy the winter landscape with a gentle walk. We'll test our nighttime senses with games and activities. Use the light of the moon to search for animals and other natural wonders. Participants 13 & under must be accompanied by a paying adult. Register by Dec. 19.

**Walk & Sing:** Walk to various Sochacki Park locations and stop to sing songs inspired by nature and taught in an oral tradition of call and response. No singing experience required. Ages 4+ (participants under 14 must be accompanied by a paying adult). Register by March 23.

Activity #	Date	Time	Fee
<b>Full Moon</b> <b>W61019A1</b>	Tuesday, Dec. 26	6:30 – 8 p.m.	\$6/person
<b>Walk &amp; Sing</b> <b>W61019B1</b>	Saturday, March 30	1 – 2:30 p.m.	
<b>Location</b>	Sochacki Park, 3500 June Ave. N., Robbinsdale		



# Family Classes

*Ages 5+ with Paying Adult*

**WINTER SURVIVAL:** Learn skills through activities and games about what to do in a survival situation. Participants leave knowing the rules of three, shelter engineering, fire science and safety, and how to collect and treat water. Dress for the weather. Most of the class is outdoors. Register by Jan. 11.

**WINTER NIGHT HIKE:** Join an Eco Elsa educator on a night hike through a winter wonderland. Learn about and listen to Minnesota's winter-nights creatures. Participants do owl calls, play night games and more. Register by Feb. 1.

Activity #	Date	Time	Fee
<b>Survival</b> W61027A1	Sunday, Jan. 21	1-4 p.m.	\$25/ person
<b>Night Hike</b> W61027B1	Saturday, Feb. 10	6-7:30 p.m.	\$22/ person
<b>Location</b>	Bassett Creek Park		

## Designer Cake Decorating



For Valentine's Day, strengthen bonds as you learn cake decorating techniques by Sweet Heaven by Nne. Pairs (ages 10+, youth under 16 must be with an adult) work on a cake using real flowers. Leave class with a completely decorated cake packaged in a beautiful gift box perfect for Valentine's Day. Register by Feb. 1.

Activity #	Date	Time	Fee
<b>W61028A1</b>	Saturday, Feb. 10	10 - 11:30 a.m.	\$80/pair
<b>Location</b>	Crystal Community Center		



## Disney On Ice



**DISNEY ON ICE – MAGIC IN THE STARS** is a captivating ice show featuring beloved Disney characters, enchanting choreography and unforgettable music. Register by Jan. 8.

Activity #	Date	Time	Fee
<b>Disney24</b>	Saturday, Feb. 10	7 p.m.	\$37 lower level; section 111
<b>Location</b>	Target Center, 600 N. 1st Ave. Mpls.		

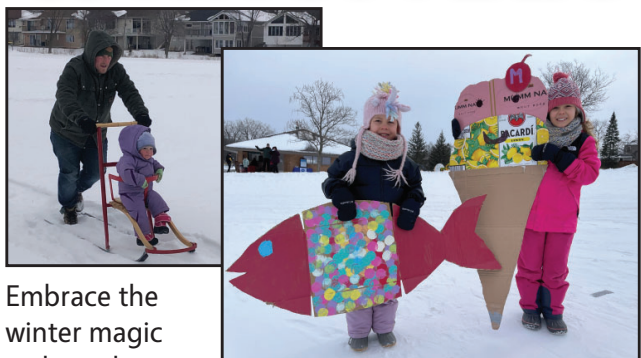


**THE WORLD-FAMOUS HARLEM GLOBE TROTTERS** take the court with moments of extreme basketball innovation and unparalleled fan FUN. Be amazed by new levels of trick shots, expert ball-handling skills, big laughs, and much more. Register by Feb. 29.

Activity #	Date	Time	Fee
<b>HARLEM24</b>	Saturday, March 30	2 p.m.	\$40 lower level; sections TBD
<b>Location</b>	Target Center, 600 N. 1st Ave. Mpls.		



# Crystal Winterlude



Embrace the winter magic with a tribute to all Crystal offers during the winter season. Enjoy various activities, including RC Car racing, ice bocce, kick sledding, skating, arts and crafts, and refreshments. The highlight is our thrilling Cardboard Sled Contest. Craft your most creative sled and compete for glory down the snowy slopes. Don't forget to bring a non-perishable food item to donate to PRISM, spreading warmth to those in need. Let's make this winter unforgettable!

Date	Time	Fee
Saturday, Feb. 3	11 a.m.- 1 p.m.	Free
<b>Location</b>	Valley Place Park	

# Escape Room



Work together and think creatively to achieve a common goal and escape the room. The experience is a unique, interactive and challenging night of fun. Each session is a timed, 50-minute experience coordinated by a Game Master. Groups ages 9+ (under 16 must be accompanied by an adult) can be between 4 – 10 people. Register at [bit.ly/webtracgv](http://bit.ly/webtracgv) by Feb. 23.

Date	Toy Collector Room Sessions	Prison Break Room Sessions	Fee
Friday, March 8	5:30, 6:30, 7:30, 8:30 p.m.	5:30, 6:30, 7:30, 8:30 p.m.	\$225/group
<b>Location</b>	Brookview, 316 Brookview Pkwy., Golden Valley		

FRIENDS OF CRYSTAL PARKS PRESENTS...

## Cheers to Crystal



Join the Friends of Crystal Parks at this beer-tasting event, where participants can enjoy local brews, delicious food, non-alcoholic options and live music while contributing to the improvement of Crystal's parks. Visit [friendsofcrystalparks.org](http://friendsofcrystalparks.org) to learn more about this great local nonprofit's work.

Activity #	Date	Time	Fee
<b>CHEERADM24</b>	Friday, March 15	6 – 9 p.m.	\$25 by March 7
<b>CHEERDRVR24</b>			\$30 at door
<b>Location</b>	Crystal Community Center		

# BLACKLIGHT dodgeball

Calling all youth ages 7-10, get ready, get set, dodgeball! Adult Volunteers Needed: One refund per household per volunteer. Register by Feb. 9.

- Blacklights
- Glow-in-the Dark Dodgeballs
- DJ
- Pizza

Activity #	Date	Time	Fee
<b>W61021A1</b>	Friday, Feb. 23	6:30 – 8:30p.m.	\$27
<b>Location</b>	Davis Community Center, Golden Valley		

Special Events



# Sprinkles the Elf

Youth ages 3 – 9 join Sprinkles the Elf from the North Pole for this holiday extravaganza. Enjoy a special elf story time, holiday sing-along, reindeer games and letter writing to Santa Claus. Children must be accompanied by an adult. Register by Dec 1.

Activity #	Date	Time	Fee
F09014A1	Saturday, Dec. 9	10 – 10:45 a.m.	\$15/child
<b>Location</b>	Brookview, 316 Brookview Pkwy., Golden Valley		

# PRESCHOOL PLAYTIME



Jump, crawl, build and have a good time in a variety of play areas set up in the gyms for children 5 and under. Adult participation required, no charge for adults. One adult can supervise up to four children. Purchase a punch

card with 10 punches and save. Punch cards purchased online can be picked up at the Crystal Community Center.

Activity #	Date Available	Time	Fee
Preschool Gym 10	Wednesdays, Jan. 10 – March 20	10 – 11:30 a.m.	\$3 per child per time Punch card \$20
<b>Location</b>	Crystal Community Center		

# Amazing Athletes®

Perfect for children ages 3-5 to get moving and learn the fundamentals of many different sports along with hand-eye coordination, gross motor skills and cognitive development.

Session 1 and 2 register by Jan. 4; Session 3 and 4 register by Feb. 15.

Activity #	Date	Time	Fee
W09001A1	Thursdays, Jan. 11 – Feb. 8	5:30 – 6:15 p.m.	\$65
W09001B1	Thursdays, Jan. 11 – Feb. 8	6:30 – 7:15 p.m.	
W09001C1	Thursdays, Feb. 22 – March 21	5:30 – 6:15 p.m.	
W09001D1	Thursdays, Feb. 22 – March 21	6:30 – 7:15 p.m.	
<b>Location</b>	Crystal Community Center		

# Little Tigers

Children ages 3 – 5 learn basic self-defense and martial arts while developing coordination and flexibility through exercises and games. This program promotes focus, discipline and respect. Instructor: Master Tom Malone.



Registration deadline one week before start date.

Activity #	Date	Time	Fee
W09003A1	Tuesdays, Jan. 16 – Feb. 20	10 – 10:30 a.m.	\$74
<b>Location</b>	New Hope Ice Area, 4949 Louisiana Ave. N.		
W09003A2	Tuesdays, Jan. 9-Feb. 20 No class Jan. 23	5:45 – 6:15 p.m.	\$74
W09003A3	Tuesdays, March 5 – April 30 * no class March 26, April 2 and 16	5:45 – 6:15 p.m.	
<b>Location</b>	Davis Community Center, Golden Valley		





# Winter ABC Hike

Come on a hike with an Eco Elsa educator to learn the alphabet while learning about winter. Kids ages 3

– 5 with an adult will get to do hiking games and activities that help them learn their ABCs, motor skills and more. Register by Feb. 1.



Activity #	Date	Time	Fee
W09038A1	Saturday, Feb. 10	10 a.m.–12 p.m.	\$27/pair \$12 add'l child
<b>Location</b>	Bassett Creek Park		

# NATURE EXPLORATION

These outdoor, nature-focused experiences offer preschool children ages 4 – 6 a chance to explore and discover the world outside on naturalist led hikes. Listen to nature stories, create crafts, play games and laugh with puppets. Each day dives into a different nature topic. Instruction and equipment provided by Westwood Hills Nature Center. Registration deadline one week before start date.



Activity #	Date	Time	Fee
W09026A1	Mondays, Jan. 22 – March 25 * No class Feb. 29	1–3 p.m.	\$135/ class
W09026B1	Tuesdays, Jan. 23 – March 26 * No class Feb. 20		
<b>Location</b>	Westwood Hills Nature Center, St. Louis Park		

# KIDCREATE® STUDIO

## Sing Along Art

(1.5 – 5 years old)

Combine your child's love of art and music with art inspired by your child's favorite songs such as "I'm a Little Tea Pot," "Itsy Bitsy Spider," and "Wheels on the Bus." Children must be accompanied by a caregiver. Register by Jan. 5.



Activity #	Date	Time	Fee
W09037A1	Fridays, Jan. 12 – Feb. 2	9:30 – 10:30 a.m.	\$64
<b>Location</b>	Crystal Community Center		

## Valentine's Day Craft Party

(1.5 – 5 years old)

Say "I love you" with a homemade jumbo-sized Hershey Kiss gift made out of clay. Children must be accompanied by a caregiver. Register by Feb. 5.



Activity #	Date	Time	Fee
W09037B1	Tuesday, Feb. 13	9:30 – 10:30 a.m.	\$23
<b>Location</b>	Brookview, 316 Brookview Pkwy., Golden Valley		



## Bluey

(3 – 6 years old)

Your Bluey fan will love getting messy while painting and cutting a collage mixed-media masterpiece of Bluey on a real canvas board. Stay for the tail-shaking dance. Register by March 1.

Activity #	Date	Time	Fee
W09037C1	Friday, March 8	9 – 10:30 a.m.	\$26
<b>Location</b>	Crystal Community Center		



### ABC's & 123's (ages 3-5 with adult)

Children learn colors, shapes, letters and numbers using DUPLO® bricks and other interactive learning toys to reinforce the current preschool curriculum. To strengthen their knowledge in a playful manner, children are engaged in both structured and imaginative play. Register by Jan 10.

### Animal Explorers (ages 3-5 with adult)

Our backyard animals are very different from the animals in other parts of the world. Animal Explorers learn where animals live and why an animal's habitat is important for survival. Through stories, games, and building animals with DUPLO® blocks, your learner will explore biomes of the world while gaining critical social and developmental skills without even realizing it. Register by Feb. 7.

### Jr. Builders (ages 3-5 with adult)

Does your little learner love to tinker and create new things? This program gives your learner opportunities to build functional DUPLO® models of amusement park rides, boats, ramps, cars and so much more. As your learner works alongside other little engineers, they learn the importance of teamwork and how collaboration is an essential component of engineering and design. Register by March 6.

Activity #	Date	Time	Fee
ABC's & 123's W09039 A1	Thursday, Jan. 18		\$25
Animal Explorers W09039B1	Thursday, Feb. 15	10 – 11 a.m.	
Jr. Builders W09039C1	Thursday, March 14		
<b>Location</b>	Crystal Community Center		

## WINTER WONDERLAND FAIRY GARDEN

Youth ages 6 – 12 build a miniature fairy garden for fairies, snowmen and gnomes to celebrate the frozen world of winter. Use model magic, paint, and Shrinky-dinks. Register by Nov. 26.



Activity #	Date	Time	Fee
F17030 A1	Monday, Dec. 4	5:30 – 7 p.m.	\$35
<b>Location</b>	Crystal Community Center		

## Scratch and sniff HOLIDAY CREATION

Youth ages 5 – 10 paint an adorable gingerbread house with art materials mixed with super-secret ingredients so the paintings smell as yummy as they look. Register by Nov. 30.

Activity #	Date	Time	Fee
F04027D1	Saturday, Dec. 9	9 a.m. – 12 p.m.	\$41
<b>Location</b>	Crystal Community Center		



Providing youth ages 11 – 15 with the skills necessary to care for children and infants. Participants will receive Babysitting Pediatric CPR and First Aid certifications. As part of the class participants will receive a small personal first kit and flashlight, student handbook, drawstring back pack, and personal CPR face shield and glove set. Session 1 register by Dec. 21, session 2 register by Feb. 19.

Activity #	Date	Time	Fee
W04045A1	Saturday, Dec. 30	8 a.m. – 6 p.m.	\$170
W04045A2	Saturday, Feb. 24	8 a.m. – 6 p.m.	
<b>Location</b>	New Hope City Hall, 4401 Xylon Ave.		



# Winter Break Activities

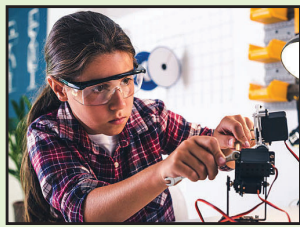


## SNACK ATTACK

Youth ages 7 – 14 learn how to make healthy and fun snacks that you can enjoy anytime. Class Menu: Chunky Monkey Muffins, Monster Energy Bites and Green Monster Smoothie. Class instruction provided by Hy-Vee Registered Dietitian. Register by Dec. 20.



Activity #	Date	Time	Fee
W17039A1	Thursday, Dec. 28	1 – 2 p.m.	\$35
<b>Location</b>	Crystal Community Center		



## SHOCKING ELECTRICAL ENGINEERING

Youth ages 7 – 12 join Science Explorers and learn about electricity by

building electrical circuits with batteries, wires, motors, buzzer and more. Build battery-powered gadgets, including an electromagnet and an Art-Bot to take home. Register by Dec. 28.

Activity #	Date	Time	Fee
W04066A1	Thursday, Jan. 4	10 – 2 p.m.	\$45
<b>Location</b>	Crystal Community Center		

## WINTER ADVENTURE CAMP

Youth ages 7 – 14 learn a variety of outdoor fun activities including winter survival, snowshoeing, animal tracking, making fire and navigating. Enjoy games, teamwork, observation, and more. Dress for the outdoor weather. Register by Dec. 27.



Activity #	Date	Time	Fee
W17040A1	Thursday – Friday, Jan. 4 – 5	9 a.m. – 3:30 p.m.	\$140
<b>Location</b>	Bassett Creek Park		

# SAFE @ HOME

This unique course is for youth 8 years and older who are sometimes home alone. The course covers arriving home, responsibilities, phone and Internet safety, fire and gun safety and more. Parents are welcome the last 15 minutes of class. Session 1 register by Dec. 8, session 2 register by Feb. 12.



Activity #	Date	Time	Fee
W04004A1	Monday, Dec. 11	5:30 – 8:30 p.m.	\$59
<b>Location</b>	Brookview, 316 Brookview Pkwy., Golden Valley		
W04004A2	Monday, Feb. 19	1 – 4 p.m.	\$59
<b>Location</b>	New Hope City Hall, 4401 Xylon Ave.		



Youth ages 5 – 15 learn discipline, focus, endurance and flexibility. Master Tom Malone teaches awesome

kicks, punches and strikes while students get in shape. Students are separated by skill level. Session 1 register by Jan. 2; Session 2 register by Feb. 20.

Activity #	Date	Time	Fee
W04062A1	Tuesdays, Jan. 9-Feb. 20 * No class Jan. 23	6:15 – 7 p.m.	\$94
W04062B1	Tuesdays, Feb. 27-April 30 * No class March 5, 26, April 2 and 16		
<b>Location</b>	Davis Community Center, Golden Valley		

## Fencing

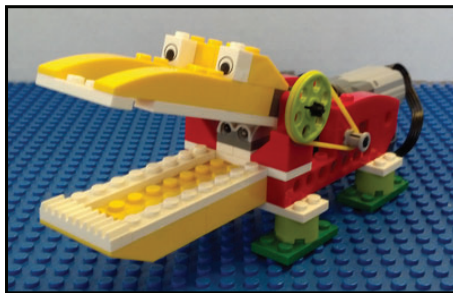
Youth ages 6-12 learn fencing basics by a Youth Enrichment League instructor. Includes safety swords, protective masks, chest plates and jackets, in a high octane, inclusive environment. Register by Jan. 11.



Activity #	Date	Time	Fee
W04002A1	Thursdays, Jan. 18 – Feb. 22	7:40 – 8:40 p.m.	\$85
<b>Location</b>	Crystal Community Center		

# CREATURE CREATOR

Youth ages 7-12 create animal-inspired robotic models while learning about gear ratios, sensors, simple machines and programming.



Build insects, dolphins, gorillas and more. Children have a wild time as they build, learn and play. Register by Jan. 2.

Activity #	Date	Time	Fee
W17041A1	Tuesdays, Jan. 9 – 30	5:30 – 6:30 p.m.	\$85
<b>Location</b>	Crystal Community Center		

# Pet Shop

Kids ages 5 – 12 create pets of all shapes and sizes in this critter-filled camp of their dreams. Kids work with clay, paint and draw too. No trips to the pet store, though. Register by Jan. 9.



Activity #	Date	Time	Fee
W04070A1	Wednesdays, Jan. 17 – Feb. 7	6 – 7 p.m.	\$62
<b>Location</b>	Brookview, 316 Brookview Pkwy., Golden Valley		

# COOKING TOGETHER

Youth ages 7 – 12 with an adult, plan and prep balanced meals the whole family will enjoy.

Class Menu: Greek Pita Pockets and Personal Pizzas. Class instruction provided by Hy-Vee Registered Dietitian. Register by Jan. 14.



Activity #	Date	Time	Fee
W17042A1	Saturday, Jan. 27	10 – 11 a.m.	\$38/pair
<b>Location</b>	Crystal Community Center		

# NON SCHOOL DAY ACTIVITIES

## Ooey, Gooney, Slimy Science

Youth ages 6 – 12 explore the science side of S.T.E.M. for a day of experiments that are icky, sticky and sloppy.



Experiment with mixtures while learning the difference between chemical and physical reactions. Learn about polymers and activators while making Glow Slime, Butter Slime and more. Register by Jan. 8.

Activity #	Date	Time	Fee
W04059A1	Monday, Jan. 15	10 a.m. – 2 p.m.	\$45
<b>Location</b>	Crystal Community Center		



## Candyland

Every kid (ages 5 – 12) loves playing Candy Land by Hasbro®. Create our own 3D version of the game on a real canvas board. Go down the rainbow path to Peppermint Forest or make your way to King Kandy's Castle to win. Register by Jan. 15.

Activity #	Date	Time	Fee
W04065A1	Monday, Jan. 22	9 a.m. – 12 p.m.	\$40
<b>Location</b>	Crystal Community Center		

## KID SMART SELF-DEFENSE

Youth ages 6 – 12 learn how to react to a stranger and defend against an attacker. Learn escapes, kicks and basic strikes while playing fun games, taught by Master Tom Malone. Register by Feb. 12.



Activity #	Date	Time	Fee
W17035A1	Monday, Feb. 19	9 – 11 a.m.	\$39
<b>Location</b>	Crystal Community Center		



# TECH ACADEMY

## VIRTUAL CLASSES

### Class Technical Requirement:

- Computer: PC (Windows XP or later) or Mac (OSX) with at least a 2GHz processor and 4GB of RAM.
- Broadband Internet
- Webcam
- Microphone and Speakers
- Zoom Installed on your computer

### Video Production - Special Effects

Youth ages 8 – 13 learn film editing basics and how to use Hollywood-style special effects techniques. Additional technical requirements: Wondershare Filmora (free download) and PC Needed (Windows or MacBook). Register by Jan. 18.

### Nintendo Video Game Design

Youth ages 6 – 19 create a video game. Choose your storyline with popular Nintendo characters as your stars. Add challenges and difficulty levels. Additional technical requirements: Scratch and scratch account and PC Needed (Windows or MacBook). Register by Jan. 18.

### Dungeons & Dragons 101 - Character Creation

Youth ages 7 – 12 create your own character and embark on an amazing role playing game. Dungeons and Dragons, is a timeless game of fantastical elements that offers great opportunities to develop problem-solving skills, team-building abilities, and creative thinking. Register by Feb. 1.

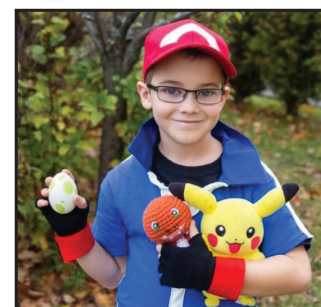
### Harry Potter - 3D Printing

Youth ages 7 – 12 learn 3D design and modeling using Tinkercad! Create a Deathly Hallow model and a magical pendant. Choose one to be printed and sent to you. Additional technical requirements: Tinkercad (login information provided at class) and PC (Windows or MacBook). Register by March 14.

Activity #	Date	Time	Fee
Video Prod <a href="#">W17044A1</a>	Saturdays, Jan. 27 – Feb. 3	8 – 10 a.m.	\$65
Nintendo <a href="#">W17044B1</a>	Saturdays, Jan. 27 – Feb. 3	10:30 a.m. – 12:30 p.m.	
D&D <a href="#">W17044C1</a>	Saturday, Feb. 10	9 a.m. – 12 p.m.	\$50
Harry Potter <a href="#">W17044D1</a>	Saturday, March 23	9 – 11 a.m.	\$35
<b>Location</b>	Virtual Classroom		

# POKÉMANIA

Youth ages 7 – 12 build and explore the world of Pokémon and create their own gyms, battles and their own generation of Pokémon. Learn real-world science studying the habitats of Pokémon. Become the best Pokémon trainer ever. Register by Feb. 8.



Activity #	Date	Time	Fee
<a href="#">W17043A1</a>	Saturday, Feb. 17	10 a.m. – 12 p.m.	\$30
<b>Location</b>	Crystal Community Center		

## Mechanics of Gizmos and Gadgets

How did toys work before batteries? They relied on physics. Youth ages 6 – 12 explore the how and whys of energy, gravity and motion by building, experimenting and questioning science contraptions that really work. Register by March 1.



Activity #	Date	Time	Fee
<a href="#">W04071A1</a>	Saturday, March 9	1 – 3 p.m.	\$25
<b>Location</b>	Crystal Community Center		

## Think Spring Paint on Canvas

Youth ages 6 – 14 Enjoy some spring treats while creating your own masterpieces that can stand alone or be a combined work of art. Each person gets a 16" x 20" canvas and all the supplies needed. Register by March 7.



Activity #	Date	Time	Fee
<a href="#">W04072A1</a>	Saturday, March 16	10 a.m. – 12 p.m.	\$45/pair \$12 add'l person
<b>Location</b>	Crystal Community Center		

# SPRING BREAK



## LEGO BRICK HARRY POTTER

LEGO® bricks and Harry Potter® inspired by J. K. Rowling's beloved books will capture your young (ages 5 – 12) artist's imagination. Construct with LEGO Bricks, invent spells and create with paint, clay and other art supplies to make magical masterpieces. Register by March 17.

Activity #	Date	Time	Fee
<a href="#">W04073A1</a>	Monday-Tuesday, March 25 and 26	9 a.m. – 12 p.m.	\$81
<b>Location</b>	Crystal Community Center		

## MUSICAL THEATER CAMP

In each camp you will learn to speak lines, block a scene, develop a character and much more. There will be a special performance the last 30 minutes of the final class. Bring a beverage and nut free snack daily. Register by March 18.

### ALADDIN: Ages 4 – 7

Learn lines, songs and dances from Aladdin and learn how to put together a professional show from start to finish.



### HIGH SCHOOL MUSICAL 2: Ages 7 – 12

Grab your towels and sunglasses and let's hit the pool. Learn lines, songs and dances from High School Musical 2 and put on a show.



Activity #	Date	Time	Fee
<b>Alladin</b> <a href="#">W04024A1</a>	Monday – Thursday, March 25 – 28	9 a.m. – 12 p.m.	\$101
<b>HS Musical 2</b> <a href="#">W04024B1</a>	Monday – Thursday, March 25 – 28	1 – 4 p.m.	
<b>Location</b>	Crystal Community Center		

## BASKETBALL CAMP

Youth in grades 3-8 focus on dribbling, passing, shooting and basic tactics. All learning involves game-like activities to keep the players moving. The camp will be led by Cooper Boy's Head Coach Bo Powell, his staff, and players. Register by March 15.



Activity #	Date	Time	Fee
<a href="#">W01009A1</a>	Monday -Tuesday, March 25 and 26	9 – 11 a.m.	\$50
<b>Location</b>	New Hope Community Gyms, 8230 47th Ave. N. (North end of Cooper HS)		

## GYMNASTICS CAMP



Beginner, advanced beginner and Intermediate gymnasts in grades 1-6 will learn the vault, beam, bars and floor. There will also be free time to practice these new skills. Gymnastics

Coordinator Rhonda Bitzer and her staff will lead this camp. Register by March 15.

Activity #	Date	Time	Fee
Beginner/ Adv. Beginner <a href="#">W17045A2</a>	Tuesday – Thursday March 26 – 28	9 – 10:30 a.m.	\$50
Intermediate <a href="#">W17045B2</a>	Tuesday – Thursday March 26 – 28	10:30 a.m. – 12:30 p.m.	\$60
<b>Location</b>	Sandburg Middle School (Gym D), 2400 Sandburg Ln., Golden Valley		



## Winter Break Soccer Camp

Youth in grades 4 – 8 focus on dribbling, passing, shooting, basic tactics and game-like activities to keep the players moving. The camp will be led by Armstrong Cooper, girl's head coach Nick Wetherall, his staff, and players. Register by Dec. 22.

Activity #	Date	Time	Fee
<b>W11002A1</b>	Tuesday-Wednesday, Jan. 2 – 3	9 – 11 a.m.	\$50
<b>Location</b>	New Hope Community Gyms, 8230 47th Ave. N. (North end of Cooper HS)		

## Winter Break Gymnastics

**Camp** Beginner, advanced beginner and intermediate gymnasts (grades 1 – 6) learn the vault, beam, bars and floor led by Gymnastics Coordinator Rhonda Bitzer and her staff. Register by Dec. 22.

Activity #	Date	Time	Fee
Beginner/ Adv. Beginner <b>W17045A1</b>	Tuesday – Thursday Jan. 2 – 4	9 – 10:30 a.m.	\$50
Intermediate <b>W17045B1</b>	Tuesday – Thursday Jan. 2 – 4	10:30 a.m. – 12:30 p.m.	\$60
<b>Location</b>	Sandburg Middle School (Gym D), 2400 Sandburg Ln., Golden Valley		

## Youth Basketball Leagues

Discover teamwork, sportsmanship and basketball skills. Practices start mid-January. This program is co-sponsored with Golden Valley, Robbinsdale and St. Louis Park. Register by Dec. 13.



Activity #	Practice Date	Time	Fee
Boys Grade 2 <b>F01001A1</b>	Thursdays, Jan. 11 – March 7	6 – 7:15 p.m.	\$80
Boys Grade 3 <b>F01001B1</b>			
Boys Grade 4–5 <b>F01001C1</b>	Thursdays, Jan. 11 – March 7	7:15 – 8:30 p.m.	
Girls Grade 2–3 <b>F01001E1</b>	Thursdays, Jan. 11 – March 7	6 – 7:15 p.m.	
Girls Grade 4–5 <b>F01001F1</b>	Thursdays, Jan. 11 – March 7	7:15 – 8:30 p.m.	
<b>Location</b>	Crystal Community Center or Forest Elementary		

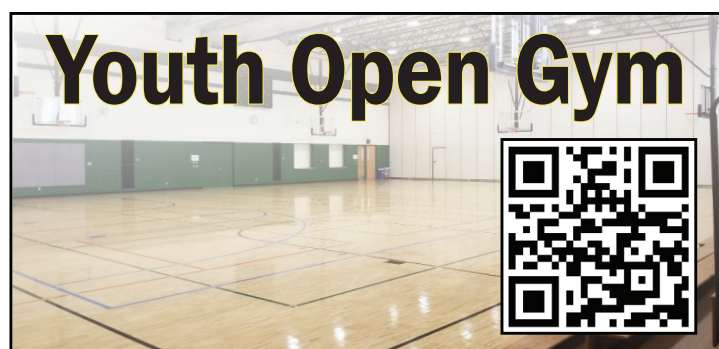
## Mite Basketball Program

This specialized program strongly emphasizes enhancing skills related to dribbling, passing, shooting, and understanding various positions within the sport. Each



one-hour session is thoughtfully divided into segments, with the allocation of time between practice and scrimmage activities varying weekly. Baskets are adjusted to a lower height, and smaller-sized basketballs are utilized to facilitate learning. The fee includes a T-shirt. Register by Jan. 7.

Activity #	Date	Time	Fee
Kindergarten <b>W01001A1</b>	Saturdays, Jan. 20 – March 9	8:30 – 9:30 a.m.	\$50
First Grade <b>W01001B1</b>			
<b>Location</b>	Crystal Community Center		



**Youth Open Gym**

For youth in grades 3 – 12. There are no planned activities, but equipment is available for basketball and other activities. Supervision not provided. Only one gym is available. Scan QR code for schedule.

Dates	Time	Fee
Wednesdays, Nov. 1 – March 27	3 – 5 p.m.	\$2 per visit
<b>Location</b>	Crystal Community Center	

# REVOLUTIONARY SPORTS

Revolutionary Sports is dedicated to tailoring athletic instruction to suit the age of participants, ensuring an enjoyable and positive learning experience for children exploring new sports. Our team of experienced instructors deeply understands child development and employs an age-specific curriculum for all sports activities. Note that the registration deadline for all Revolutionary Sports classes is two weeks before the initial session.



## SOCCKER - \$67

Age Level	Activity #	Date (Sundays)	Time
Ages 2-3 w/parent	<a href="#">W11001F1</a>	Jan. 21 – Feb. 11	2:15 – 2:40 p.m.
	<a href="#">W11001F2</a>	Feb. 25 – March 17	
Ages 3-5 w/parent	<a href="#">W11001A1</a>	Jan. 21 – Feb. 11	2:45 – 3:25 p.m.
	<a href="#">W11001A2</a>	Feb. 25-March 17	
Ages 4-6	<a href="#">W11001D1</a>	Jan. 21 – Feb. 11	3:30 – 4:10 p.m.
	<a href="#">W11001D2</a>	Feb. 25-March 17	
Ages 6-9	<a href="#">W11001E1</a>	Jan. 21 – Feb. 11	4:15 – 4:55 p.m.
	<a href="#">W11001E2</a>	Feb. 25 – March 17	
<b>Location</b>	Robbinsdale Community Gyms, 37th Ave. N. and Regent Ave. N.		

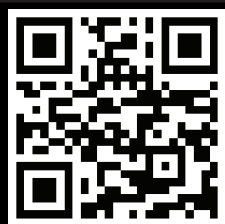
## VOLLEYBALL - \$67 (No Class March 25)

Age Level	Activity #	Date (Mondays)	Time
Ages 6-9	<a href="#">W05001A1</a>	Jan. 22 – Feb. 12	6:15 – 6:55 p.m.
	<a href="#">W05001A2</a>	March 4 – April 1	
Ages 8-11	<a href="#">W05001B1</a>	Jan. 22 – Feb. 12	7 – 7:40 p.m.
	<a href="#">W05001B2</a>	March 4 – April 1	
<b>Location</b>	Crystal Community Center		

## BASKETBALL - \$67 (no class March 26)

Age Level	Activity #	Date (Tuesdays)	Time
Ages 4-6	<a href="#">W01007A2</a>	Jan. 9 – 30	6:15 – 6:55 p.m.
	<a href="#">W01007B2</a>	Feb. 6 – 27	
	<a href="#">W01007C2</a>	March 5 – April 2	
Ages 6-9	<a href="#">W01007A4</a>	Jan. 9 – 30	7 – 7:40 p.m.
	<a href="#">W01007B4</a>	Feb. 6 – 27	
	<a href="#">W01007C4</a>	March 5 – April 2	
<b>Location</b>	New Hope Community Gyms		





# OPEN GYM VOLLEYBALL

All skill levels welcome at adult drop-in open gym time. Children are not permitted. No pre-set teams. Scan the QR code for schedule.

Date	Time	Fee
Saturdays, thru April 27	9 a.m. – 12:30 p.m.	\$5/time
Sundays, thru April 28	1 – 4 p.m.	\$5/time
<b>Location</b>	Crystal Community Center or Forest Elementary	

## ADULT VOLLEYBALL LEAGUES



League play begins in January and continues into March for a 10-week season, which includes a tournament. All games are officiated. Registration is first come, first served. Divisions for each league are based on past performance. Register by Dec. 24.

Activity #	Season Starts	Times	Fee
Men's League <a href="#">W32002A1</a>	Monday, Jan. 8	6:15, 7:15, 8:15 9:15 p.m.	\$320
Open League <a href="#">W32002B1</a>	Monday, Jan. 8		
Women's League <a href="#">W35002A1</a>	Tuesday, Jan. 9		
Co-Rec League <a href="#">W31002A1</a>	Wednesday, Jan. 10		
<b>Location</b>	Crystal Community Center or Forest Elementary		

## OUTDOOR SKILLS

### SNOWSHOE HIKE:

Discover hidden trails and frozen wetlands, search for animal tracks and signs. Equipment provided.



Beginners welcome. Register by Jan. 6.

### FAT TIRE BIKE SAMPLER:

Ride through a wintry landscape, on and off the beaten path. Discover animal tracks and signs. Beginners welcome. Equipment provided.



Register by Feb. 12.

Activity #	Date	Time	Fee
Snowshoe <a href="#">W30036A1</a>	Saturday, Jan. 13	9 – 11 a.m.	\$6
Fat Tire Bike <a href="#">W30036B1</a> <a href="#">W30036B2</a> <a href="#">W30036B3</a>	Monday, Feb. 19	10 – 11:30 a.m. 12 – 1:30 p.m. 2 – 3:30 p.m.	\$10
<b>Location</b>	Sochacki Park, 3500 June Ave., Robbinsdale		

## WOMENS' SELF-DEFENSE



Take control of situations with basic self-defense moves that are easy to remember. Learn escapes, kicks, strikes and what to do and say in compromising situations. Class is taught by Master Tom Malone for women ages 13 and older. Register by Jan. 22.

Activity #	Date	Time	Fee
<a href="#">W30040A1</a>	Sunday, Jan. 28	1 – 3 p.m.	\$39
<b>Location</b>	New Hope City Hall, 4401 Xylon Ave. N.		

## Maple Syrup

Join an Eco Elsa educator, collect tree sap and boil it into syrup while learning about the history and science of maple syruping. Participants also learn about how indigenous people first made syrup and the trees we harvest sap from.

Class is taught outdoors, dress for the weather. Register by

March 10.

Activity #	Date	Time	Fee
<a href="#">W30044A1</a>	Sunday, March 17	2 – 4 p.m.	\$27
<b>Location</b>	Bassett Creek Park		





This cutting-edge, high-energy fitness system with a fusion of Latin and international music is fun and easy to do. Zumba is not only great for the body but for the mind too. Registration deadline is seven days before class starts.

Activity #	Date (Tuesdays)	Time	Fee
W21501A1	Jan. 2 – 30	6:30 – 7:30 p.m.	\$35 per session
W21501A2	Feb. 6 – March 5		
W21501A3	March 12 – April 9		
<b>Location</b>	Crystal Community Center		

## Happy Joints

Gently increase your body's range of motion and ease the aches and pains, includes guided meditation to nurture joints and upper body. If you stand or sit all day, are tense, or inflexible, this practice is for you. Registration deadline is seven days before class starts.

Activity #	Date	Time
W30038A1	Wednesdays Jan 10 – March 6	4:30 – 5:30 p.m.
W30038A2	Wednesdays March 13 – May 1	
<b>Fee</b>	A1 – \$89; A2 – \$79	
<b>Location</b>	Crystal Community Center	
W30038B1	Thursdays, Jan. 11 – March 7	6:15 – 7:15 p.m.
W30038B2	Thursday, March 14 – May 2	
<b>Fee</b>	B1 – \$89; B2 – \$79	
<b>Location</b>	Robbinsdale Parkways United Church	

## Partner's Yoga *Valentines Event*

Jointly practicing yoga, whether a friend, family member, partner or significant other can reinvigorate your connection through synchronized breath, postures, movement, meditation and laughter. Explores new trust levels of trust through communication, teamwork and challenges. Bring your yoga mats and water. Register by Feb. 7.

Activity #	Date	Time	Fee
W30047A1	Wednesday, Feb. 14	6:30 – 8:30 p.m.	\$49/pair
<b>Location</b>	Crystal Community Center		

# YOGA CLASSES

Scan QR Code for class descriptions and fees



Fee: \$79-\$89 per class

Activity #	Date	Time
Energy Flow W30037A1	Wednesdays, Jan. 10 – March 6	3:15 – 4:15 p.m.
Energy Flow W30037A2	Wednesdays, March 13 – May 1	
Chair W30037B1	Thursdays, Jan. 11 – March 7	8:45 – 9:45 p.m.
Chair W30037B2	Thursdays, March 14 – May 2	
Strength W30037C1	Thursdays, Jan. 11 – March 7	10 – 11 p.m.
Strength W30037C2	Thursdays, March 14 – May 2	
Gentle W30037D1	Sundays, Jan. 14 – March 3	6:30 – 7:30 p.m.
Gentle W30037D2	Sundays, March 10 – May 5	
<b>Location</b>	Crystal Community Center	
Strength W30037E1	Thursdays, Jan. 11 – March 7	1 – 2 p.m.
Strength W30037E2	Thursdays, March 14 – May 2	
Chair W30037F1	Thursdays, Jan. 11 – March 7	2:15 – 3:15 p.m.
Chair W30037F2	Thursdays, March 14 – May 2	
Energy Flow W30037G1	Thursdays, Jan. 11 – March 7	5 – 6 p.m.
Energy Flow W30037G2	Thursdays, March 14 – May 2	
Yin Yoga W30037H1	Thursdays, Jan. 11 – March 7	7:30 – 8:45 p.m.
Yin Yoga W30037H2	Thursdays, March 14 – May 2	
<b>Location</b>	Robbinsdale Parkways United Church	



# Holiday Ornaments



Customize your holidays by creating one-of-a-kind acrylic pour glass ornaments. Learn the methods and techniques to create two ornaments that will look great on your tree or given as gifts. Register by Nov. 22.

Activity #	Date	Time	Fee
W30045A1	Saturday, Dec. 2	2 – 3:30 p.m.	\$35
<b>Location</b>	Crystal Community Center		

## Freezer Meal Workshop

Learn great recipes and tips for easy meals to freeze for later. Class Menu (serves 4 – 6): spinach and cheese breakfast sandwiches, white chicken chili and ranch pork chops. Class instruction provided by a Hy-Vee registered dietitian. Register by Jan. 10.



Activity #	Date	Time	Fee
W30046A1	Friday, Jan. 19	6 – 7 p.m.	\$60
<b>Location</b>	Crystal Community Center		

## Valentine's Luncheon

Celebrate Valentine's Day with friends and loved ones while overlooking the New Hope Golf Course. Each participant receives a box lunch from Sweet Taste of Italy including: spaghetti, breadstick, salad, cannoli, water and a choice of beer, wine or pop. Register by Feb. 2.



Activity #	Date	Time	Fee
W44001A1	Friday, Feb. 9	11:30 a.m. – 1 p.m.	\$20
<b>Location</b>	New Hope Golf Course, 8130 Bass Lake Rd.		

# Wine and Paint Party



Uncork the fun at this 21+ class and paint this spectacular painting on a 16" x 20" canvas. Merry Time Arts guides you with step- by- step instructions. Fee includes all materials and a glass of wine. Additional wine is available for purchase. Register by Feb. 15.

Activity #	Date	Time	Fee
W30035A1	Friday, Feb. 23	6 – 9 p.m.	\$38
<b>Location</b>	New Hope Golf Course, 8130 Bass Lake Rd.		

## STAY ORGANIZED with Simple Routines



There's never enough time in the day. We all have the same 24 hours but some people get so much more done. Learn ways to chisel away unproductive time and find time you didn't think you had. Add small, effective and simple habits to maximize your time. Register by March 7.

Activity #	Date	Time	Fee
W30043A1	Thursday, March 14	1 – 2:30 p.m.	\$12
<b>Location</b>	New Hope City Hall, 4401 Xylon Ave. N.		

# PICKLEBALL



Crystal Recreation is an official partner with DUPR. As more people enter the sport of Pickleball, it is becoming increasingly important for players to understand their skill level. The Dynamic Universal Pickleball Rating (DUPR) Dynamic Universal Pickleball Rating is the most accurate and only global rating system in the sport of pickleball. You can create a FREE DUPR account at [mydupr.com](http://mydupr.com) and join the Crystal Pickleball Club.

Scan QR Code for more information on lessons, leagues and open play.

## 18+ INDOOR OPEN PICKLEBALL

Crystal player volunteers put players through various organized skills and drills, followed by open play.

Days	Time
Mondays, Tuesdays & Thursdays	9 a.m. – 1 p.m.
Fridays	7 – 9:30 p.m.
Sundays	9:30 a.m. – 12 p.m.
Skills & Drills: 1st & 3rd Tuesdays	8:30 - 9:30 a.m.
<b>Fee</b>	Daily: \$5; Skills & Drills: \$7 Punch Pass: \$60 for 20 visits
<b>Location</b>	Crystal Community Center

## INTRO TO PICKLEBALL

Learn from the Crystal Pickleball Volunteers. Class fee includes coupon for one free open gym.

Activity #	Date	Time	Fee
<b>W23803A1</b>	Thursday, Jan. 25	11:30 a.m. – 12:30 p.m.	\$10/class
<b>W23803A2</b>	Monday, Feb. 26		
<b>W23803A3</b>	Thursday, March 28		
<b>Location</b>	Crystal Community Center		

## OPEN LADDER LEAGUE

For players at skill levels 2.5 – 3.5. No official skill rating required. Play with assigned partners each night. Register by Dec. 29.

Activity #	Date	Time	Fee
<b>W23811A1</b>	Fridays, Jan. 5 - Feb. 23 (8 weeks)	9 a.m. – 12 p.m.	\$80
<b>W23811A2</b>	Saturdays, Jan. 6 – March 2 (8 weeks) *No class Feb. 10	4-7 p.m.	
<b>Location</b>	Crystal Community Center		

## LESSONS

Registration deadline is one week prior to the class start date.

Activity #	Date	Time	Fee
Adv. Beginner <b>W23805A1</b>	Saturdays, Jan. 6 – 20	1 – 2:15 p.m.	\$65/class
Adv. Beginner <b>W23805A2</b>	Saturdays, Feb. 3 – 24 *No class Feb. 10		
Intermed/Adv. <b>W23805B1</b>	Saturdays, Jan. 6– 20	2:30 – 3:45 p.m.	
Intermed/Adv. <b>W23805B2</b>	Saturdays, Feb. 3 – 24 * No class Feb. 10		
<b>Location</b>	Crystal Community Center		



# DONUT MAKE YOU WONDER?

These informative programs include coffee & donuts. Programs are hosted by the cities of Crystal, Brooklyn Center, New Hope, Robbinsdale and Robbinsdale Area Schools.

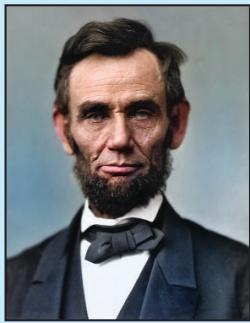
## DO SLEEP PATTERNS CHANGE AS YOU AGE?

As you age, sleep changes. Join Dr. Krystle, a Doctor of Chiropractic, finds if you are you getting quality sleep; what changes to look for, and what you can do to improve sleep quality. Sponsored by Herself Health. Register by Jan. 10.



Activity #	Date	Time	Fee
W45001A1	Wed., Jan. 17	10 – 11:30 a.m.	\$3
<b>Location</b>	Crystal Community Center		

## LINCOLN



When John Wilkes Booth assassinated Abraham Lincoln, the Civil War was ending and emotions were high. Join us to explore this fragile time in our history and the plot that very nearly succeeded in toppling the government. Sponsored by Saint Therese. Register by Feb. 14.

Activity #	Date	Time	Fee
W45001B1	Wed., Feb. 21	10 – 11:30 a.m.	\$3
<b>Location</b>	Crystal Community Center		

## JUST BELIEVE

Radious Guess- Former Track star, ran for the University of Nebraska will talk about her experience in the sport of Track and Field, some of the challenges and benefits of being a student athlete. Radious works for the City of St. Louis Park as the Racial Equity and Inclusion Director. Sponsored by The Crossings at Brookwood. Register by March 13.



Activity #	Date	Time	Fee
W45001C1	Wed., March 20	10 – 11:30 a.m.	\$3
<b>Location</b>	Crystal Community Center		

# AARP

## SMART DRIVER REFRESHER COURSE

Get 10% discount on car insurance for the next three years. Attendance is required for credit and certificate. Registration deadline one week before each class.

### 4-HOUR CLASSES

Activity #	Date	Time	Fee
W41003A1	Thursday, Jan. 11	9 a.m. – 1 p.m.	\$22 for AARP members \$27 non AARP members
W41003A2	Thursday, Feb. 8		
W41003A3	Thursday, March 14		
<b>Location</b>	Crystal Community Center		



## MHSRC DRIVER IMPROVEMENT PROGRAMS

Driver Improvement Program with a trained Minnesota Highway Safety Research Center instructor. Explore law changes, new vehicle technology, defensive driving, traffic safety and accident prevention.

Pre-requisite is an eight-hour class before the four-hour class. Register at [mnsafetycenter.org](http://mnsafetycenter.org) or call 1-888-234-1294.

Register no later than 10 days before each class.

Class	Dates	Time	Fee
4-hour classes	Jan. 8 and 24, Feb. 15, March 6 and 20	12:30 – 4:30 p.m.	\$24
8-hour classes	Jan. 31 and Feb. 1	12:30 – 4:30 p.m.	\$28
<b>Location</b>	Crystal Community Center		

# Extended Trips with Jeanie's Journeys

## TRAVEL TALK

Learn more about Jeanie's Journeys 2024 trip destinations through this travel presentation that includes trip itineraries, destination details and answers to all your questions. Register by Dec. 12.

Activity #	Date	Time	Fee
W44516A2	Thursday, Dec. 14	3:30 – 4:30 p.m.	Free
<b>Location</b>	Crystal Community Center		

## AMERICAN FOUNDERS TOUR

April 7 – 12

Join the Traveling Professor through Virginia to visit Mt. Vernon, Monticello, Montpelier and overnight in



Colonial Williamsburg. The trip includes flights, ground transportation, lodging, guided tours of Washington DC monuments and more. Transportation to and from MSP airport not included. Register by March 1.

Activity #	Room Type	Fee
W44516B1	Single	\$2,493/person
W44516B2	Double	\$3,996/two people

## MACKINAC ISLAND - May 13 – 17



Experience one of the most fantastic hotels in the world with a two-night stay at the Grand Hotel on Mackinac Island. Tour Mackinac Island by horse drawn carriage. Trip will also include tours of

Lambeau Field and Leinenkugel's Brewery, plus much more. Register by March 30.

Activity #	Room Type	Fee
W44516C1	Single	\$1,997/person
W44516C2	Double	\$3,194/two people
<b>Bus Pick Up</b>	Crystal Community Center	



This 11-day tour includes round trip airfare, seven nights on the beautiful Grand Princess and two nights in Vancouver and Anchorage, including touring in both cities. \*PASSPORT REQUIRED

- Enjoy the Iditarod Trail and a sled dog ride.
- View Denali Mountain from the closest point.
- Visit Talkeetna, a true Alaskan town.
- Visit the port towns of Ketchikan, Skagway and Juneau.
- Cruise through the College Fjords.
- Enjoy a full-day cruising at Glacier Bay National Park.

While on-board, enjoy complimentary drinks, Wi-Fi and an exclusive Jeanie's Journeys private cruise party. Register by March 1.



Activity #	Room Type	Fee
W44516D1	Single Inside	\$3,998/person
W44516D2	Single Ocean View	\$5,998/person
W44516D3	Single Balcony	\$6,998/person
W44516D4	Double Inside	\$5,996/two people
W44516D5	Double Ocean View	\$7,968/two people
W44516D6	Double Balcony	\$9,996/two people





# Community Tripsters

Sponsored by the cities of Crystal, Brooklyn Center, New Hope and Plymouth with pick-ups in each city. Trip fees are all-inclusive for the entire day including transportation, escort, lunch, tax and gratuity unless otherwise indicated.

## U OF M PLANETARIUM AND BELL MUSEUM

Experience an amazing journey from the far reaches of the cosmos, to deep inside the human brain, to the Minnesota Night Sky



at the state-of-the-art planetarium. Enjoy a self-guided tour through the Bell Museum galleries where science, art and the environment join in a unique Minnesota perspective. The tour covers the permanent galleries, including world renowned wildlife dioramas that span the origins of the universe, through the diversification of life on Earth, to Minnesota's own unique habitats. Lunch is at the Hen House. Register by Dec. 18.

Activity #	Date	Time	Fee
<a href="#">W44515A1</a>	Wednesday, Jan. 24	10:30 a.m. – 3:45 p.m.	\$76
<b>Bus Pick Up</b>	Crystal Community Center		

## DIAL "M" FOR MURDER AT THE GUTHRIE THEATER



Discover the beauty of the Guthrie Theater and its 360-degree view of the downtown skyline before seeing a plot-twisting and thrilling

performance. This clever, fast-paced adaptation adds extra layers to the iconic tale, making it even more thrilling. Enjoy a soup and sandwich lunch at the Hen House before the performance. Register by Dec. 18.

Activity #	Date	Time	Fee
<a href="#">W44515B1</a>	Wednesday, Feb. 21	10:15 a.m. – 4:30 p.m.	\$96
<b>Bus Pick Up</b>	Crystal Community Center		

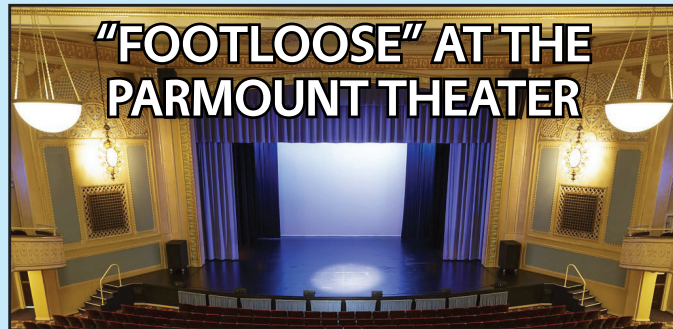
## HOCOKATA TI AND SHAKOPEE HISTORY



Enjoy a guided tour of Hocokata Ti the Shakopee Mdewakanton Sioux Community's cultural center used to interpret and encourage traditional Mdewakanton Dakota cultural, language and history. Then, visit the gift shop, featuring Native-made art, books, beaded and quilled items. Tour the Scott County Historical Society Museum with exhibits about the history of Scott County and more than 50,000 items including photographs, letters, clothing, books, and oral histories. Lunch is at Rubies Family Restaurant. Register by Feb. 12.

Activity #	Date	Time	Fee
<a href="#">W44515C1</a>	Thursday, March 14	9:30 am. – 3:15 p.m.	\$82
<b>Bus Pick Up</b>	Crystal Community Center		

## "FOOTLOOSE" AT THE PARMOUNT THEATER



Enjoy this high-energy dance-packed musical based on the 1980s hit movie that celebrates the wisdom of listening to one another and the power of forgiveness. Dinner will be at the Coyote Moon Grill. Register by March 11.



Activity #	Date	Time	Fee
<a href="#">W44515D1</a>	Friday, April 19	3 – 11:15 p.m.	\$119
<b>Bus Pick Up</b>	Crystal Community Center		

## Minnesota Room Membership For 55+

**Annual Memberships Fees: \$12 Crystal Residents: \$19 Non-Residents**

Monday – Thursday: 10 a.m. – 9 p.m. \ Friday: 10 a.m. – 4:30 p.m. \ Saturday Tournaments

Monday	Tuesday	Wednesday	Thursday	Friday
Duplicate Bridge at 12 p.m.	Mah Jongg at 10 a.m.	Mah Jongg at 10 a.m.	Triple Play at 10 a.m.	Canadian P*ker at 10 a.m.
Billiards at 12:30 p.m.	Sticks at 12 p.m.	Cribbage at 10 a.m.	Billiards at 12:30 p.m.	Party Bridge at 12 p.m.
Poker at 6 p.m.	Billiards at 12:30 p.m.	Billiards at 12:30 p.m.	Whist at 12:30 a.m.	Billiards at 12:30 p.m.
	Whist at 6 p.m.	500 at 12:30 p.m.	Triple Play at 6 p.m.	

### MEMBERS HAVE ACCESS TO:

- BILLIARDS ROOM
- BOOK/PUZZLE LIBRARY
- WEEKDAY CARD GROUPS

### ADDITIONAL ACTIVITIES (WITH FEE):

- LUNCHEONS
- DONUT TALK
- ENRICHMENT ACTIVITIES
- LOCAL AUTHOR SERIES



### SENIOR COMMUNITY RESOURCES

Volunteers of American-Senior Dining at the Crystal Community Center: 952-949-4156

Meals on Wheels North Suburban Hennepin County: 763-450-3678

HOME Northwest: 952-746-4046

Metro Mobility: 651-602-1111



# BINGO

Join us for an hour of fun Valentine's themed BINGO. Light refreshments will be served. Register by Feb. 6. Sponsored by The Crossings at Brookwood.

Date	Time	Fee	Location
Tuesday, Feb. 13	10 – 11 a.m.	\$3	Crystal Community Center

## SilverTone Harmonica Group

New group open to Minnesota Room Members. The SilverTones invite harmonica players of all levels to join them for a jam session weekly on Wednesdays from 1 - 2:30 p.m. in the Creek Room, across from the Minnesota Room.



## Monthly Activities at the Minnesota Room

Donut Talks	500 Tournament	Whist Tournament	500 Tournament	Party Bridge Tournament
10 - 11:30 a.m. Third Tuesday (Sept.-May)	12:30 p.m. First Saturday	12:30 p.m. Second Saturday	12:30 p.m. Third Saturday	12 p.m. Fourth Saturday

## FOOT CARE with foot nurse

The Foot Nurse provides a foot assessment, trims toenails, thins over-grown nails, files corns/calluses and manages fungal toenails. Foot care is important for your overall health.

Let us help you maintain your healthy feet and promote mobility. We are Registered Nurses who specialize in caring for feet. Our goal is to empower health and wellness One foot at time. For questions and to register call 651-726-4134.

Date	Time	Fee
Monday, Jan. 15	9 a.m. – 2 p.m.	\$55
Monday, Feb. 19		
Monday, March 18		
Monday, April 15		
Location	Crystal Community Center	



# Community Center and Rental Information

Detailed information and convenient on-line room request form at [www.crystalmn.gov/ccc](http://www.crystalmn.gov/ccc) or call 763-531-1174.

## FACILITY FEATURES:

- Room set-up specific to your needs.
- Homemade food can be served in all meeting rooms.
- High speed wireless Internet access.
- Ionization air purification system.
- Staff on hand to assist.
- Bright rooms with windows.
- Large space for groups up to 400 people.



**CRYSTAL ROOM**

Ideal for groups up to 100 people. New luxury planking floor, padded chairs, 85 in. TV, and 5 ft. round tables. Adjoins the kitchen for catered banquets for additional fee. Audio system with wireless mic.



**CREEK ROOM**

Small meeting space, great for board meetings and group planning for up to 12 people. Room is carpeted with 2-8-foot rectangle tables, 12 padded chairs and an 8-foot countertop.



**VALLEY ROOM**

Great for business meetings and family gatherings of 10 to 50 people. Room has luxury plank flooring, 8-foot rectangle tables, 75 in. TV monitor, granite countertops and sink.



**COMMUNITY CENTER GYMNASIUM**

Three gyms hold up to 400 people. Combined gym space is 80 feet x 150 feet (individual gyms are 80 feet x 50 feet). Gym 1 adjoins the performance stage. Gym 2 adjoins the kitchen for banquets for an additional fee.



**FOREST ROOM**

Great for birthday parties, baby showers, and family gatherings for 10 to 50 people. Room has a luxury planking floor with floor to ceiling windows on two sides.



**FOREST SCHOOL GYMNASIUM**

Forest School has two gyms for basketball, volleyball, or any indoor sporting event. The gyms can be rented weeknights from 6 – 10 p.m. and weekends 8 a.m. – 10 p.m.





## PARK FACILITY RENTALS

Reserve a spot for your next gathering. Scan QR Code for more information.

### NEIGHBORHOOD PARKS

Groups up to 30 people

- Bass Lake
- Broadway
- Cavanagh
- Crystal Highlands
- Iron Horse
- Skyway
- Winnetka Hills
- Woodland



### COMMUNITY PARKS

Groups up to 50 people

- Bassett Creek
- North Lions
- Valley Place



### BECKER PARK

Groups up to 50 people

- Amphitheater
- Oval



Park Information

## ATHLETIC FIELD RENTALS

Facilities features: Flexible rental times, natural turf, and weekly maintenance. Permits required for usage.

### SOFTBALL FIELDS

- Bassett Creek
- Valley Place
- Welcome

### BASEBALL FIELDS

- Bassett Creek
- North Lions

### SOCCER FIELDS

- Cavanagh
- Fair
- Forest
- Skyway

# Park Details

PARK	ADDRESS	Facilities																										
		Acres (261 Total)	Amphitheater	Aquatic Center	Baseball	Basketball/Court	Charcoal Grill	Community Garden	Disc Golf (18 holes)	Dog Park	Drinking Fountain	Fishing Pier/Dock	Ga Ga Pits	Ice Skating	Little Library	Parking Lot	Pickleball	Picnic Shelter	Play Area	Park Building	Skate Park	Sledding Hill	Softball	Soccer	Spray Pad	Tennis	Trail/Path	Volleyball
Becker	5530 Douglas Dr. N.	12.2	1																									P
Grogan	4800 Douglas Dr. N.	14.8		S	3	C		1																				P
Bassett Creek	5609 32nd Ave. N.	85			1	1	2		1	1	1	1	1	1	2	6/C	2	8	1	1	1							N/P
North Lions	6100 Louisiana Ave. N.	12.6			1	1	1				1	1	2	1	1	1	2	1	1	1	1	1						P
Welcome	5598 46th Ave. N.	10						U		S	1	1	1	1	1	1	1	1	U	1		U	1					P
Valley Place	6822 32nd Ave. N.	20.8								S	1		2/W	1	2	3	1	1	1	1		W	1					P
Bass Lake	5601 Xenia Ave. N.	1.7															1	1										P
Broadway	5911 West Broadway	3.3															1	1	1									P
Cavanagh	5100 Corvallis Ave. N.	3.9									1						1	1										
Crystal Highlands	3711 Jersey Cr.	1.7															1	1	1									P
Fair	3903 Adair Ave. N.	3.3																										
Forest	7001 48th Ave. N.	5.2															1	1										2/C
Iron Horse	5180 Kentucky Ave. N.	3.2															1	1	1									P
Kentucky	4009 Kentucky Ave. N.	1.8															1	1										P
Skyway	6112 Florida Ave. N.	4															1	1	1									
Sunnyview	3000 Hampshire Ave. N.	3																										
Twin Oaks	5116 Wilshire Blvd.	4.7												S														
Winnetka Hills	8617 31st Ave. N.	3.2															1	1	1									P
Woodland	4510 35th Ave. N.	.7																										
Brownwood	4120 Idaho Ave. N.	4.1																										
Florida	3840 Florida Ave. N.	1.3																										
Hagemester Pond	6427 41st Ave. N.	7.7																										N/P
MAC Wildlife Area	6001 Regent Ave. N.	40																										N
Memory Lane	4350 Louisiana Ave. N.	10.2																										
Soo Line	5301 Angeline Ave. N.	1.3											1															
Twin Lake Shores	4900 50th Ave. N.	1.1														1												P

Destination Parks     Neighborhood Parks  
 Community Parks     Natural Areas

Indoor Court     Natural Trail     Paved Trail     Open Summers Only     Warming House     Under Construction

The Crystal Community Center is at 4800 Douglas Dr. N. in John Grogan Park.  
 MAC Park is operated in cooperation with the Metropolitan Airports Commission and the City of Brooklyn Center.

# Park Information



# It's Easy to Register

**ONLINE:** Create an online account and start registering for all the great opportunities. Visa, MasterCard or Discover accepted.

**STEP 1:** Go online to [webtrac.crystalmn.gov](http://webtrac.crystalmn.gov) and click "Create an Account."

**STEP 2:** Provide the requested information.

**STEP 3:** Begin registering for fun and exciting Crystal Recreation programs.

**WALK-IN:** Cash, Check, Visa, MasterCard or Discover accepted during office hours: 8 a.m. – 4:30 p.m., Monday-Friday at the Crystal Community Center, 4800 Douglas Drive N.

**MAIL-IN:** Make check payable to the City of Crystal and mail to:

**Crystal Recreation Department**  
4800 Douglas Dr. N., Crystal, MN 55429

# We've Got the Answer

- Registration Start Date
  - Registration is now open
- Refunds
  - If we cancel: Full Refund
  - If you cancel before deadline: Refund less \$5
  - If you cancel after deadline: No Refund
- Fee Assistance
  - Available to qualifying Crystal residents
- Inclusion request
  - Step 1: Register for program
  - Step 2: email [lei-lani.fischer@crystalmn.gov](mailto:lei-lani.fischer@crystalmn.gov)
- Photo Consent
  - Let us know if you do not want your picture shared.
- Waiting List
  - Kept to add additional participants, or replace canceled participants.



**CITY of CRYSTAL**

# Crystal Recreation Registration Form

Mail registration form to 4800 Douglas Dr. N., Crystal, MN 55429

Mail in registration accepted by check only. Make check payable to City of Crystal.

Participant Name	DOB	Activity	Activity No.	Fee
				<b>Total</b>

I understand and acknowledge the activity I am about to voluntarily engage in as a participant has certain risks. I understand these risks known or unknown may result in injury, death, illness, disease or damage to myself or my property or to other persons and their property. In consideration of being allowed to participate in this activity, I hereby personally assume all risks in connection with this activity and I hereby agree to hold the city, its officials, employees, agents and contractors harmless. I waive any right to make claims or bring lawsuits against the city or anyone working on behalf of the city for any injuries or damages related to the alleged negligence of the city. This waiver does not apply to any injuries or damages that are the result of any willful, wanton, or intentional misconduct by the city or anyone acting on behalf of the city. I understand that entering into and signing this agreement affects my legal rights and result in my giving up or waiving certain legal rights, and I accept this and sign this agreement of my own free will. My signature indicates I have read this entire document, understand it completely, acknowledge that it cannot be modified or changed in any way by oral representations, and agree to be bound by its terms.

Participant or Parent Signature \_\_\_\_\_ Participant or Parent Name (print) \_\_\_\_\_ Date \_\_\_\_\_

- Home  
 Cell

Main Phone No. \_\_\_\_\_ Alternate Phone No. \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

SPECIAL CONSIDERATIONS: I would like to request an:  Inclusion Facilitator  ASL Interpreter

List any disabilities or behavioral concerns: \_\_\_\_\_

List any allergies or medical conditions that may affect the participant: \_\_\_\_\_

Registration